

Our Lady of Mercy L.I.G.H.T. Youth Ministry

Youth Ministry & the Sacrament of Confirmation

High School Teens in grades 9-12 who are interested in the Sacrament of Confirmation. Here is what you need to know.

How to Start LIGHT:

Before entering the Immediate Confirmation Preparation program, students are asked to complete the following:

- 1) Please register for the program (See LIGHT webpage for link).
- 2) Attend a Youth Alpha Series (9 sessions) and the Day Away/Overnight (offered in the Fall each year)
- 3) Have a Faith Conversation with a Faith Mentor (usually held after Alpha)
- 4) Complete the 4 “Basics of Our Catholic Faith” Mini-Courses: Being Catholic, Morality and Justice, Meeting Jesus in Scripture, and Prayer and Worship (Offered Jan-May)
- 5) Complete 3 service projects and 1 discipleship project

Teens do NOT have to complete this all in one year, they may complete requirements at their own pace.

**Teens attending a Catholic School should contact Dave to go over the requirements (as some may have been met in your school).

After Teens have completed the above:

Immediate Preparation for the Sacrament of Confirmation:

- Available January 1st (each year), Teen Candidates/Parents will need to complete and return the Sacrament of Confirmation “**Letter of Intent**” and “**Course/Retreat Registration Form**” by the established deadline. Once all the necessary forms and paperwork are turned in to the Youth Ministry Office, candidates will be notified that they are registered in the Confirmation Preparation Program.
- Attend the Opening Session for Candidates, Sponsors & Parents (held in Spring)
- Attend the Discovery Retreat (offered in the summer/early Fall).
- Attend all five sessions of the Confirmation Preparation Course (offered in the Summer/early Fall of each year).
- Faith Conversation formal meeting #2 for Candidate and Sponsor/Parent – generally held in late summer/early fall before the sacrament is administered by the Bishop.
- Rehearsal and Ceremony (held each Fall) with a Bishop presiding.

What happens afterwards?

Teens are invited to be a part of the youth ministry which will offer youth group gatherings, leadership opportunities, retreats, ministry roles at OLM, service projects such as mission trips, and lots more! Teens are encouraged to live out their faith in their parish, school, and community!

**FOR STUDENT USE ONLY TO KEEP
TRACK OF REQUIREMENTS COMPLETED**

Check List for the Sacrament of Confirmation Program

Please use this form to guide you in the Sacrament of Confirmation preparation. Please check off courses/requirements as they are completed so you can keep track of your progress.

Youth Alpha - completed Date _____)	Youth Alpha Night Away - completed (Date _____)
Faith Conversation #1 completed (Date _____)	
Basics of Our Catholic Faith Mini-Courses completed: <i>(all 4 are required)</i> Being Catholic (Date _____) Morality and Justice (Date _____) Prayer and Worship (Date _____) Meeting Jesus in Scripture (Date _____)	
Service Elective Projects Completed <i>(3 projects required)</i> 1) _____ 2) _____ 3) _____	Discipleship Elective Project Completed <i>(1 project required)</i> 1) _____
Returned Confirmation Letter of Intent (Date _____)	

The following can be completed once the above requirements are met.

Confirmation Opening Session Completed on _____	Discovery Retreat Completed on _____
Preparation Course (5 sessions) Completed on _____	Faith Conversation #2 completed (Date _____)

Faith formation is life-long, so once a teen is confirmed we want them to stay active in the youth ministry! It all doesn't end when we receive the sacrament!